

Pain Clinic Test

Treatment Outcome Report*

(Individual Pre/Post Treatment Comparison Report)

ID #: 987654321

I. Patient Descriptors (at start of program)

A. Demographic Data

Age: 55
Sex: female
Marital status: married
Living arrangement: living with spouse/partner and children
Time off work: 12 - 18 months

B. Prior Pain Data (based on 0 - 10 scale)

Primary pain location: low back
Average pain: 8
Worst pain: 10
Least pain: 5

C. Prior Health Care Utilization

HC visits over past 6 months: 11 - 15
Number of Dr.s seen prior to tx: 5 - 6
Emergency room visits: 1 - 2
Number of surgeries: 2
Perceived improvement from the HC profession: 10%

D. Occupational/Educational/Legal Data

Occupation: skilled trade or clerical
Education level: high school graduate
Attorney retained: Yes
Disability status: Yes
Percent of family income from disability: 50%

II. Treatment Outcome Data (based on 0 - 7 scale)

A. Pain Behavior	Pre-Treatment		Post-Treatment		% Change
	Raw	T	Raw	T	
Affective/behavioral	_____ 4.7	(61)	_____ 3.0	(51)	_____ 16.3%
Audible/visible	_____ 5.0	(54)	_____ 2.6	(40)	_____ 25.9%
Total	_____ 4.8	(59)	_____ 2.8	(44)	_____ 25.4%

*Data Based on Patient self-report from the BAP-2 and Post BAP-2 questionnaires
A Product of Pain Assessment Resources 1-800-782-1501 Copyright 2009

Individual Comparison Report

	Pre-Treatment		Post-Treatment		% Change
	Raw	T	Raw	T	
B. Activity Levels					
Household act	2.7	(52)	4.8	(64)	23.0%
Heavy activities	1.1	(54)	5.1	(78)	44.4%
Social activities	1.6	(54)	5.5	(80)	48.1%
Personal care act	3.2	(52)	5.5	(69)	32.6%
Personal hygiene act	4.8	(44)	4.4	(42)	-4.5%
C. Activity Avoidance					
Household act	5.5	(60)	1.6	(41)	31.6%
Heavy activities	3.0	(43)	2.2	(41)	4.6%
Social activities	5.3	(57)	3.5	(50)	12.2%
Personal care act	3.5	(52)	2.5	(45)	13.4%
Personal hygiene act	0.8	(49)	1.4	(53)	-8.1%
D. Spousal Factors					
Criticism of pain	2.6	(61)	2.1	(59)	3.2%
Reinforcement of wellness	3.3	(51)	2.5	(46)	-10.8%
Discouragement of wellness	4.2	(54)	2.2	(46)	14.8%
Reinforcement of pain	3.2	(47)	2.7	(45)	4.2%
E. Pain Beliefs					
Catastrophizing	4.3	(59)	3.3	(53)	10.1%
Fears of re-injury	4.6	(52)	3.3	(46)	11.5%
Expectation for cure	5.0	(46)	3.0	(40)	13.0%
Blaming self	3.7	(57)	2.7	(51)	10.5%
Entitlement	4.6	(50)	3.3	(45)	10.0%
Future despair	3.0	(53)	3.6	(56)	-5.6%
Social disbelief	5.6	(68)	2.6	(58)	14.7%
Lack of medical comp.	5.0	(59)	4.5	(57)	3.3%
F. Mood					
Depression	3.2	(54)	1.7	(47)	12.9%
Muscular discomfort	3.2	(44)	2.6	(41)	6.8%
Anxiety	3.2	(56)	2.0	(49)	12.5%
G. Perceived Consequences					
Social interference	2.4	(47)	2.2	(46)	2.1%
Physical harm	2.0	(47)	2.4	(48)	-2.1%
Psychological harm	2.4	(51)	1.8	(48)	5.8%
Pain exacerbation	2.0	(39)	1.0	(35)	10.2%
Productivity interference	3.3	(48)	1.6	(42)	12.5%

Individual Comparison Report

H. Stimulants and Depressants	Pre-Treatment	Post-Treatment
Nicotine (per day)	41 or more cigarettes	1-10 cigarettes per day
Caffeine (per day)	850 mg	365 mg
Alcohol (per week)	21 or more drinks	1 to 5 drinks

I. Medication

Pre-Treatment

Non-prescription pain relievers and rated them mildly effective overall.
 Non-steroidal anti-inflammatory drugs and rated them mildly effective overall.
 Prescription pain relievers - Short-acting and rapid-onset and rated them moderately effective overall.
 Prescription pain relievers - Time-released and long-acting and rated them moderately effective overall.
 Antidepressant medications and rated them mildly effective overall.
 Muscle relaxants and rated them not effective overall.
 Benzodiazepines - Anti-anxiety medications and rated them mildly effective overall.
 Neuropathic, Anti-spasm and other pain medicines and rated them mildly effective overall.
 Sleep medicines and rated them not effective overall.
 Natural herbal medicines and rated them mildly effective overall.

Post-Treatment

None

J. Patient Ratings (0-10 scale)	Pre-Treatment	Post-Treatment
Average pain rating	_____ 8	_____ 2
Least pain	_____ 5	_____
Worst pain	_____ 10	_____ 5

	Pre-Treatment	Post-Treatment	% Change
	Raw T	Raw T	
K. Disability Index (0 - 100)	_____ 51 (55)	_____ 25 (42)	_____ 23%

Individual Comparison Report

Figure 1. Pain intensity ratings

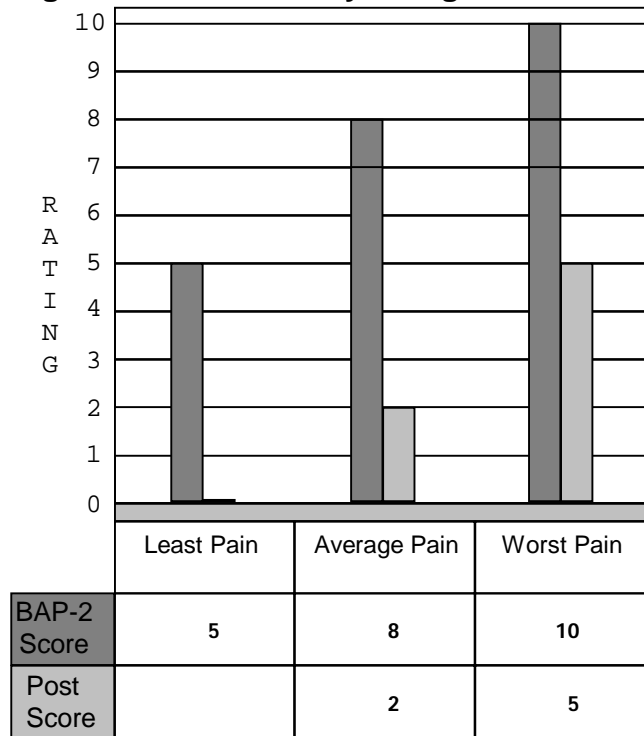
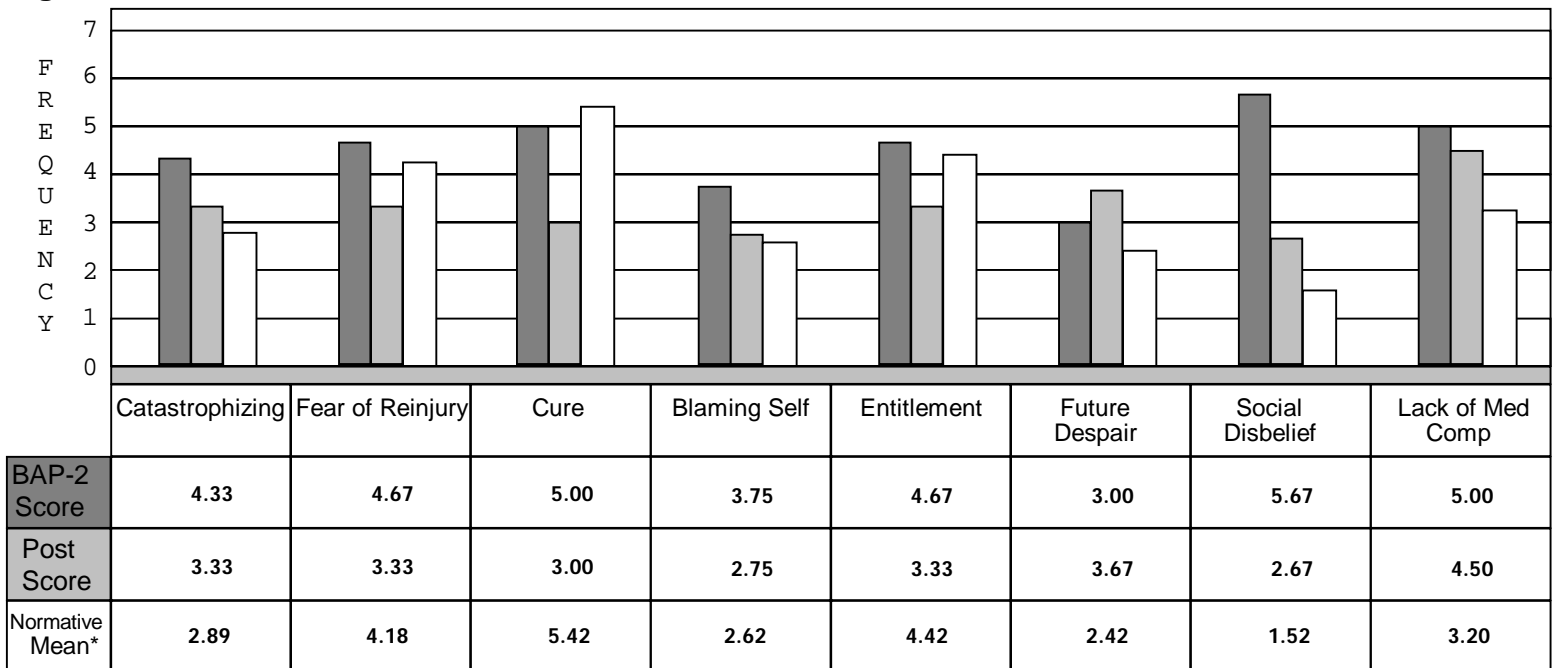


Figure 2. Pain beliefs



* Normative Mean - based on a sample of 1,012 subacute and chronic pain patients.

Individual Comparison Report

Figure 3. Activity Levels

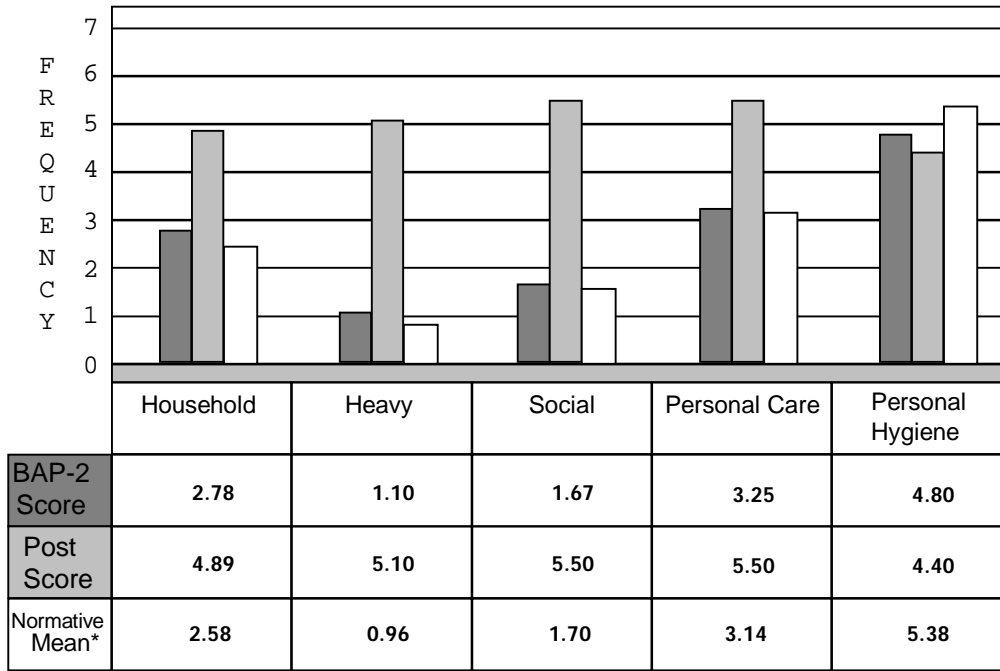
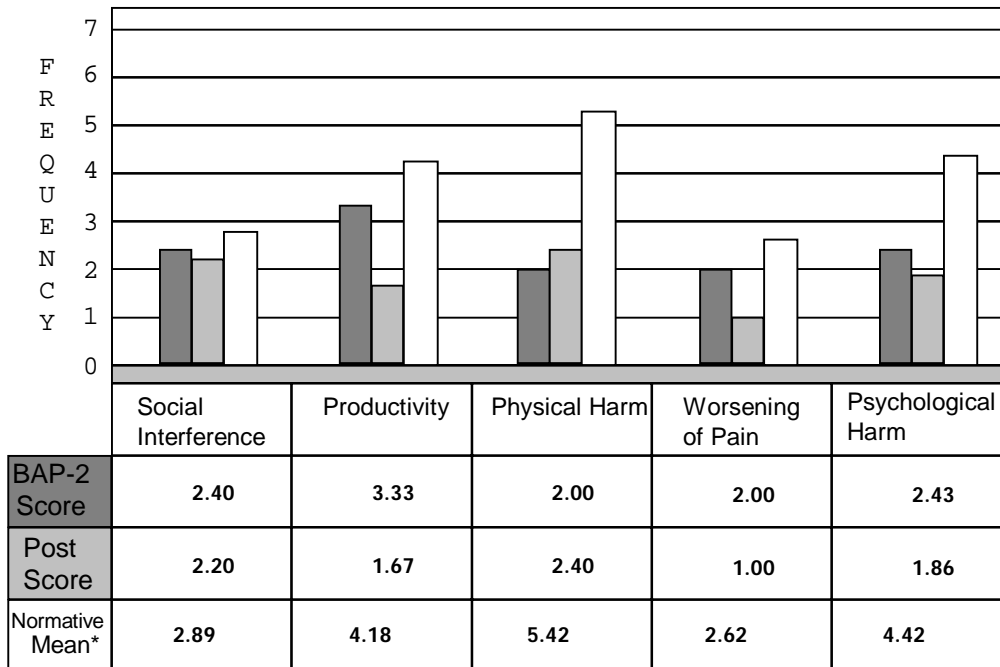


Figure 4. Perceived Consequences of Pain



* Normative Mean - based on a sample of 1,012 subacute and chronic pain patients.

Individual Comparison Report

Figure 5. Mood Related Symptoms

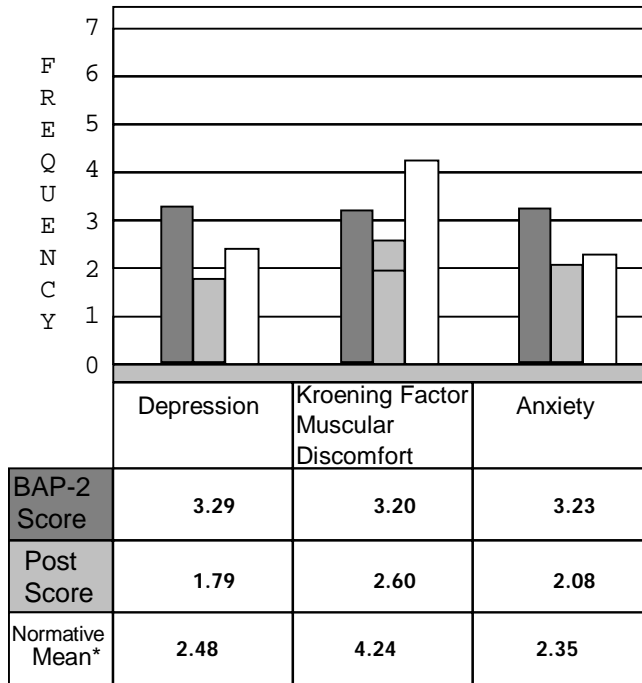
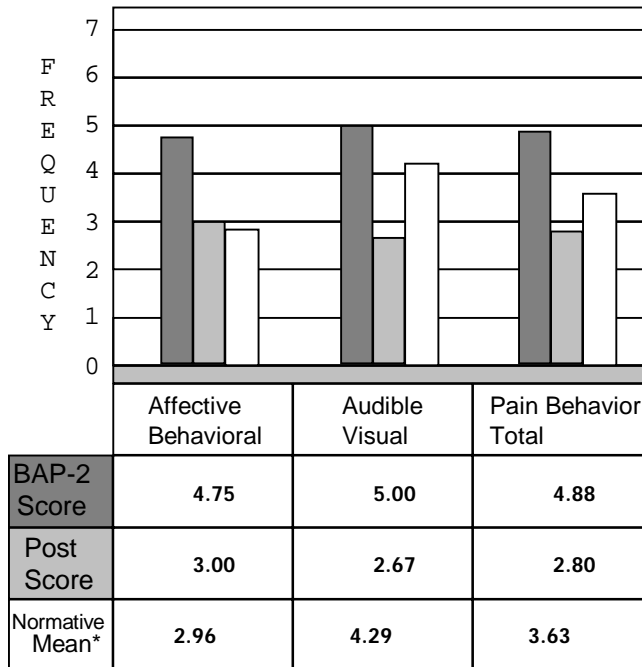


Figure 6. Pain Behavior



* Normative Mean - based on a sample of 1,012 subacute and chronic pain patients.

Individual Comparison Report

Figure 7. Disability Index

